

# Substance Use Disorders (SUDs) Programs and Efforts

## **Community Navigators (NSMHA)**

The Chelsea Police Department co-supervises two navigators employed by North Suffolk Mental Health. They engage individuals in the street in an effort to navigate them to needed services. This can include detox facilities, mental health treatment providers, shelters, and other services that can address a multitude of issues they may be experiencing. They are knowledgeable about treatment options and other services available to individuals that may be suffering with addiction and mental health issues and those that may be experiencing homelessness.

## **Chelsea Hub**

Working together to reduce risk in our community, the Hub works with families and individuals that are facing difficult challenges and may need services from more than one community agency. Our goal is to ensure families and individuals are safe, healthy and have the opportunity to thrive. The Hub meets every Thursday morning to strategize on ways to remove risk from individuals or families by connecting them to services they need.

## **Downtown Taskforce**

The goal is to coordinate the resources of downtown stakeholders (Police, City, businesses, residents, property owners, and community organizations) to remove persistent public safety and health concerns in the downtown. Members meet every week to review key issues and develop plans to improve and or resolve the issue. The following are participants: City of Chelsea Downtown Coordinator, DPW, ISD, Licensing, Chelsea Police Department, Chamber of Commerce, North Suffolk Mental Health Associates Navigators, Chelsea District Court, Chelsea Probation, District Attorney's Office, Business Community, Property Owners, Resident (input).

## **Recovery Support Services (CAPIC)**

Provides clients of the Navigator program with basic supports that help along their continuum of care.

## **Recovery Support Case Managers (CAPIC)**

These individuals follow people that have been sent to detox and other treatment facilities and work with these places to ensure that people being discharged have a plan for continued recovery. The goal of the program is to provide and secure relationship-based linkages to a continuum of care for individuals with a substance use disorder and to guide individuals to other services and resources as needed. They will support an individual's ability to become agents of change for themselves and others.

### **Community Outreach (Overdose) Response Team**

The current opiate crisis can affect individuals and families from all walks of life. Towns and cities throughout New England have been impacted tremendously. In Chelsea, as part of the City's public health response to the opiate crisis, first responders and harm-reduction professionals visit individuals that have recently experienced an overdose. The aim is to guide individuals to treatment options and ultimately a path to recovery. Overdose awareness and support is also provided to family members.

### **Sex Worker Outreach Program**

A contract with Healthy Streets to provide counseling utilizing harm reduction strategies aimed at having individuals enter into treatment.

### **Church Day Resource Center**

Funded by Mass General Hospital Determination of Need monies, this center welcomes anyone struggling with addiction, homelessness and other challenges in life. Breakfast and lunch is served Monday through Friday and showers are available Monday, Wednesday and Friday. Members of aforementioned outreach teams meet with individuals here when these services that has proven to be more effective than engagements on the street.

### **Key Partnerships**

**Everett Hospital** – location of the majority of emergency room deliveries

**Mass General Hospital** – convener of original efforts to develop a public health response to the opiate crisis