

# **OUTREACH TEAM**

#### Two Community Navigators

Connect individuals to services

- Recovery Wrap-Around Service Team
  Support individuals with basic needs
- Two Continuum of Care Case Managers
  Follow individuals through their recovery
- Harm Reduction Efforts



## NAVIGATORS — THE STARTING POINT

- The Chelsea Police Department co-supervises two navigators employed by North Suffolk Mental Health.
- They engage individuals in the street in an effort to navigate them to needed services. This can include detox facilities, mental health treatment providers, shelters, and other services that can address a multitude of issues they may be experiencing.
- They are knowledgeable about treatment options and other services available to individuals that may be suffering with addiction and mental health issues and those that may be experiencing homelessness.



## **RECOVERY SUPPORT SERVICES**

- Provides clients of the Navigator program with basic supports that help along their continuum of care.
- Sober living rental assist (limited to possibly 3 months) conditions apply
- Transportation to detox facilities, shelters, and Christian-based programs
- Bus passes, food cards, feferrals to payee program and employment agencies, Moving Ahead Program
- Assistance with MassHealth, court visits, social security, ATR, DTA
- Assistance with obtaining PCPs



## CASE MANAGEMENT

- These individuals follow people that have been sent to detox and other treatment facilities and work with these places to ensure that people being discharged have a plan for continued recovery.
- The goal of the program is to provide and secure relationshipbased linkages to a continuum of care for individuals with a substance use disorder and to guide individuals to other services and resources as needed.
- They will support an individual's ability to become agents of change for themselves and others.



#### DAY RESOURCE CENTER

- Funded by Mass General Hospital Determination of Need monies, this center welcomes anyone struggling with addiction, homelessness and other challenges in life.
- Breakfast and lunch is served Monday through Friday and showers are available Monday, Wednesday and Friday.
- Members of aforementioned outreach teams meet with individuals here rather than only on the street, this has proven to be more effective.
- Weekly on-site doctor.





# Chelsea Hub? :

The Hub is a team that meets weekly and identifies individuals or families that are at "acutely" elevated levels of risk.

Risk Factors		
Alcohol	Drugs	Gambling
Mental Health	Cognitive Impairment	Physical Health
Suicide	Self-Harm	Criminal Involvement
Crime Victimization	Physical Violence	Emotional Violence
Sexual Violence	Elderly Abuse	Supervision
Basic Needs	Missing School	Parenting
Housing	Poverty	Negative Peers
Antisocial/ Negative Behavior	Unemployment	Missing Runaway
Threat to Public Health and Safety	Gangs	Social Environment

# OVERALL GOAL



