

TOWN RESOURCES

Ways to Get Involved

Milton Substance Abuse
Prevention Coalition

The Board of Health provides:

- Referral services available in and around the community.
- Free Biohazard Sharps containers to Police Department, Fire Department, and Schools for the safe disposal of discarded needles.
- Residents may bring used needles for disposal in a required Sharps container to the Board of Health. Small containers \$4; Large containers \$8. Cash or checks accepted.

The Police Department provides:

- Anonymous 24/7 self-service Medication Return Kiosk located in front lobby of the Milton Police Station.

*This brochure was produced with
funding from the Beth Israel Deaconess
Hospital-Milton*

Ways to Get Involved

Milton Substance Abuse
Prevention Coalition

Mission Statement

The Milton Substance Abuse Prevention Coalition will work together to save lives by increasing awareness, interventions, and resources for Milton residents that address the causes, stigma, and consequences associated with substance abuse, addiction, and mental illness.

NEW MEMBERS ALWAYS WELCOME

Contact the Coalition at:
miltoncoalition@gmail.com

Massachusetts Organization for Addiction Recovery (MOAR)

617-423-6627

www.moar-recovery.com

MOAR's mission: to organize recovering individuals, families and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions.



Milton Substance Abuse Prevention Coalition

Sponsored by the Milton Board of Health

RESOURCE GUIDE



For more info contact:

Caroline A. Kinsella, B.S.N., R.N.

Health Director

Milton Board of Health

Town Hall

617-898-4886

Sept 5, 2018

ARE YOU STRUGGLING WITH SUBSTANCE ABUSE, AND NEED SOMEONE TO TALK TO ABOUT THE OPTIONS FOR RECOVERY?

DO YOU HAVE A LOVED ONE STRUGGLING WITH AN ADDICTION TO DRUGS OR ALCOHOL THAT COULD USE HELP?

If so, and you are a Milton resident, then confidential help can be at your doorstep very shortly!



REACH OUT TO THE MILTON CARES TEAM CONFIDENTIALLY VIA:

Email: miltoncares@mpdmilton.org

OR

Police Department Community Services Office Phone Number:
(617) 898-4814

For more information about substance use and addiction:
www.milton-coalition.com



Milton Cares: We Want to Help!

The Milton Police Department and the Milton Substance Abuse Prevention Coalition have teamed up with area Addiction Counselors and Recovery Coaches to reach out to Milton residents who may be struggling with drugs and/or alcohol dependency. Our partnership is called "Milton Cares" and we want to let you know that ***there is help!***

Our aim is to bridge the gap from substance use to support, treatment and recovery. We are also able to help loved ones get support for coping with a family member or friend who is struggling with addiction.

Inside this package, you will find resources and information about how to access support and recovery programs. There are also business cards of counselors you can call directly. They will likely get back to you within 24-48 hours. Or feel free to confidentially contact us by email at: miltoncares@mpdmilton.org.

If you or a loved one is a Milton resident struggling with addiction, we encourage you to reach out for help. Below is a quick summary of places where you can find assistance.

People and Places We Recommend to Find Help

- Catherine Weerts, Prevention Counselor, 508-717-7690
- The Milton Substance Abuse Prevention Coalition's website has a comprehensive list of places and facilities to call for support or treatment. www.miltoncoalition.org
- The Massachusetts Substance Abuse hotline is open 24/7. Trained counselors will help you understand your options at no cost. 800-327-5050

All services above are confidential

PARTNERS

Manet Community Health Center • Police Assisted Addiction and Recovery Initiative •
Fallon Ambulance • Milton Public Health Department • Beth Israel Deaconess Hospital-Milton



MILTON POLICE DEPARTMENT

40 HIGHLAND STREET
MILTON, MASSACHUSETTS 02186-3873
PHONE: (617) 698-3800
FAX: (617) 698-3015

JOHN E. KING
CHIEF OF POLICE

Dear Loved Ones of _____ :

The Milton Police Department was informed of the unfortunate loss of your loved one. I understand that substance use may have been a contributing factor and would like to let you know that our Police Department, in collaboration with the Milton Substance Abuse Prevention Coalition, would be pleased to get you the support you may need to cope with this difficult situation through our initiative called *Milton Cares!* We understand that addiction is a disease, which deserves to be treated as such. We have assembled people and resources to help families in their time of need.

The following organizations provide grief support for families who have lost a loved one from an overdose:

- **The Sun Will Rise** (Tel) 1-781-789-4604 (Email) robyn@thesunwillrise.org
- **Grief Recovery After a Substance Abuse Passing (GRASP)**
(Website) www.grasphelp.org

In addition, we know that addiction tends to run in families. If there is someone else you care about who might be struggling with drug or alcohol addiction, we can connect you with counselors and coaches that are trained to support them through their process towards recovery. Please feel free to confidentially email us at miltoncares@mpdmilton.org or call the Milton Police Department Community Services Office (617-898-4814) which coordinates our Milton Cares program. I want to assure you that our objective is not to arrest those who contact us, but to refer you to trained personnel who regularly work to help families and individuals who are dealing with substance use disorders.

Again, we are sorry for your loss. If we can help, please don't hesitate to contact us. In addition, the Milton Substance Abuse Prevention Coalition's website (www.milton-coalition.org) contains a great deal of useful information and resources that may be of interest to you.

Sincerely,

John E. King
Chief of Police

JEK:abc
d-537